

Residential Schedule

May, 2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00-7:30	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room 8:15-8:45
8:30-9:15	Community AM Mtg. Yolanda Dining Room	Community AM Mtg. Yolanda Dining Room	Community AM Mtg. Carole Dining Room	Community AM Mtg. Yolanda Dining Room	Life Skills/7:45-9:15am Carole	Community AM Mtg. Rotating Staff Dining Room	Church or Recreation
9:30-10:15	Group Education Dan Ed. Room — 132	Group Education Jonathan Ed. Room — 132	Group Ed. Rotating Topic FFS(Intern)/AA/HepC/STD/CR Heather Ed. Room — 132	Group Education Earl Ed. Room — 132	Group Education Dan Ed. Room — 132	Group Education 9:30-10:30 Rotating Staff Ed. Room — 132	Self Directed Recovery Activity
10:30-11:30	Group Counseling JohnA-Room 235 EarlB-Room132 AmyC-Room 128	Group Counseling John A-Room 235 Earl B-Room132 Angelia..... C-Room 128	Group Counseling JohnA-Room 235 KyleB-Room132 AmberC-Room 128	Group Counseling AmyA-Room 235 ScottB-Room132 Paula.....C-Room 128	Group Counseling JohnA-Room 235 KyleB-Room132 AmyC-Room 128	Group Education 10:30-11:30 Rotating Staff Ed. Room — 132	
11:30-12:00							
12:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00-3:00	Continuing Care Supports 1:00-1:45 — Dan Ed. Room — 132 • Thinking Strategies 2:00-3:00 — Earl Ed. Room— 132	Health & Wellness 1:00-2:00 Troy (Carole) • Recovery Enhancement 2:00-2:45 Jonathan Ed. Room — 132 • Co-Occurring Disorders 3:00-4:00 — Amy	This is Your Brain on Drugs 1:00-2:15 Heather Ed. Room — 132	Feelings Mgt. 1:00-2:00 Paula Ed. Room — 132 • Health & Wellness 2:00-2:45 Angelia Dining Room	Welcome Group — Ron 1:00-2:00 — Residential • 2:00-3:00 — Rm. 132 Coping w/ Feelings — Earl	Health & Wellness 12:45-2:15 Troy (Carole) • Family Empowerment 2:30-3:30 Greg	AA Big Book NA Basic Text Topic Discussion Staff 1:30-3:00 • Women's Group 1:30-3:00
3:00-3:30	House Government/Top of the House 3:00-3:30 Ron Dining Room		Trauma Ed. 2:30-4:00 Laura Ed. Room — 132	Co-Occurring Disorders 3:00-4:00 — John	Health & Wellness 3:00-4:00 Troy (Carole)	Visitation Time 3:30-4:30 Dining Room	Visitation Time 3:30-4:30 Dining Room
4:30-5:00	Community PM Meeting Common Area	Community PM Meeting Common Area	Community PM Meeting Common Area	Community PM Meeting Common Area	Community PM Meeting Common Area	Or Free Time	Or Free Time
5:00-5:30	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
EVENING	Family & Friends 6:00-7:00 — Greg Room 128 • AA Self Help Group 7:00-8:00 Dining Room	Free Time • NA Group 7:00-8:00 Dining Room	CA Self Help Group 7:30-8:30 (every other Wed) Dining Room	Breaking Barriers 5:45-7:00 Laura — Room 132	AA Self Help Group 7:00-8:00 Dining Room or Celebrate Recovery	Ash Street Christian 12-Step Study 6:00-7:00	Free Time
9:15-9:45	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room

Medication Call - 6:00 am (Sun - 7:00am)/ 11:45am/ 5:30pm/ 9:00pm

Male Client Phone Number - 573-777-3020

Telephone Times - Daily 6am - 10:30 pm

Laundry Times - M-F 5pm-10:30pm/ Sat-Su, 6am - 9pm

Female Client Phone Number 573-777-3022

No Phone, Eating, Drinking, or TV DURING ANY GROUP Please