

# Residential Schedule

March, 2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00-7:30	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room	Spiritual Meditation Dining Room 8:15-8:45
8:30-9:15	Community AM Mtg. Yolanda Dining Room	Community AM Mtg. Yolanda Dining Room	Community AM Mtg. Carole Dining Room	Community AM Mtg. Yolanda Dining Room	Life Skills/7:45-9:15am Carole	Community AM Mtg. Rotating Staff Dining Room	Church or Recreation
9:30-10:15	Group Education Dan Ed. Room — 132	Group Education Jonathan Ed. Room — 132	Group Ed. Rotating Topic FFS(Intern)/AA/HepC/STD/CR Intern (Adam) Ed. Room — 132	Group Education Earl Ed. Room — 132	Group Education Dan Ed. Room — 132	Group Education 9:30-10:30 Rotating Staff Ed. Room — 132	Self Directed Recovery Activity
10:30-11:30	Group Counseling John .....A-Room 235 Earl .....B-Room132 Amy .....C-Room 128	Group Counseling John ..... A-Room 235 Earl ..... B-Room132 Heather ..... C-Room 128	Group Counseling John .....A-Room 235 Kyle .....B-Room132 Amber .....C-Room 128	Group Counseling Amy .....A-Room 235 Scott .....B-Room132 Paula.....C-Room 128	Group Counseling John .....A-Room 235 Kyle .....B-Room132 Amy .....C-Room 128	Group Education 10:30-11:30 Rotating Staff Ed. Room — 132	
11:30-12:00							
12:00	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:00-3:00	Continuing Care Supports 1:00-1:45 — Dan Ed. Room — 132 • Thinking Strategies 2:00-3:00 — Earl Ed. Room— 132	Health & Wellness 1:00-2:00 Troy (Carole) • Recovery Enhancement 2:00-2:45 Jonathan Ed. Room — 132 • Co-Occurring Disorders 3:00-4:00 — Amy	This is Your Brain on Drugs 1:00-2:15 Heather Ed. Room — 132	Feelings Mgt. 1:00-2:00 Paula Ed. Room — 132 • Health & Wellness 2:00-2:45 Angelia Dining Room	Welcome Group — Ron 1:00-2:00 — Residential • 2:00-3:00 — Rm. 132 Coping w/ Feelings — Earl	Health & Wellness 12:45-2:15 Troy (Carole) • Family Empowerment 2:30-3:30 Greg	AA Big Book NA Basic Text Topic Discussion Staff 1:30-3:00 • Women’s Group 1:30-3:00
3:00-3:30	House Government/Top of the House 3:00-3:30 Ron Dining Room		Trauma Ed. 2:30-4:00 Laura Ed. Room — 132	Co-Occurring Disorders 3:00-4:00 — John	Health & Wellness 3:00-4:00 Troy (Carole)	Visitation Time 3:30-4:30 Dining Room  Or Free Time	Visitation Time 3:30-4:30 Dining Room  Or Free Time
4:30-5:00	Community PM Meeting Common Area	Community PM Meeting Common Area	Community PM Meeting Common Area	Community PM Meeting Common Area	Community PM Meeting Common Area		
5:00-5:30	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
EVENING	Family & Friends 6:00-7:00 — Greg Room 128 • AA Self Help Group 7:00-8:00 Dining Room	Free Time • NA Group 7:00-8:00 Dining Room	CA Self Help Group 7:30-8:30 (every other Wed) Dining Room	Breaking Barriers 5:30-6:45 Laura — Room 132	AA Self Help Group 7:00-8:00 Dining Room	Free Time	Free Time
9:15-9:45	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room	Reflection Group Dining Room

**Medication Call** - 6:00 am (Sun - 7:00am)/ 11:45am/ 5:30pm/ 9:00pm    **Male Client Phone Number** - 573-777-3020    **Telephone Times** - Daily 6am - 10:30 pm  
**Laundry Times** - M-F 5pm-10:30pm/ Sat-Su, 6am - 9pm    **Female Client Phone Number** 573-777-3022

**No Phone, Eating, Drinking, or TV DURING ANY GROUP Please**