



SUFFERING FROM ANXIETY?

Phoenix Health Programs is conducting a project evaluation the effectiveness of
Acceptance & Commitment Therapy on Anxiety
8 week Group Therapy specializing in
Anxiety Treatment!



Seating is limited - Groups forming now
for adults & adolescents.

CALL or EMAIL

573-875-8880 x 2118

act@phoenixhealthprograms.com



A place of Hope, Help and Healing for
Individuals, for Families, for over 40 Years.

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